

P.E. Plan

Introductory Statement

This plan was formulated by the following teachers, Deirdre Kelly, Niamh Murtagh, Anne Mc Intyre, Collette Toolan, & Sarah Reeve, on 21st of May 2007.

Rationale

This plan was formulated to benefit teaching and learning in our school and to conform to principles outlined in Primary School Curriculum.

Vision

We seek to assist the children in our school in achieving their potential while experiencing the joy of physical exertion and the satisfaction of achievement while achieving skills and positive attitudes that enhance self-esteem.

Aims

We endorse the aims of the Primary School Curriculum as follows

- To promote the physical, social, emotional, and intellectual development of the child.
- To develop positive personal qualities
- To help in the acquisition of an appropriate range of movement skills in a variety of contexts
- To promote understanding and knowledge of the various aspects of movement
- To develop an appreciation of movement and the use of the body as an instrument of expression and creativity
- To promote enjoyment of, and positive attitudes towards, physical activity and its contribution to lifelong health related fitness, thus preparing the child for the active and purposeful use of leisure time

Strand and Strand Units

Teachers are familiar with the strands/ strand units/ content objectives for their classes. Children in all classes have access to all strands of PE with the exception of Aquatics. It is intended that 3rd- 6th classes will partake in aquatics during Term 1 2007 and Infants – 2nd will partake in term 3 2008. Through collaboration and sharing of content of yearly schemes we ensure that there is continuity and progression from class to class. 1st to

4th classes follow PSSI lesson plans. It is intended that 5th & 6th class will follow some of PSSI lessons in 2007-2008.

Approaches and Methodologies

We use a combination of

- Direct teaching approach
- Guided discovery approach
- Integration

We encourage maximum participation by all children through individual pair, group and team play. Station teaching is also encouraged.

Assessment and Record Keeping

Teachers assess during and after P.E. lessons

Teachers assess

- Willingness to participate
- Willingness to perform
- Interest
- Enthusiasm/ attitudes of children
- Skill level
- Willingness to co-operate
- Development of safe practices
- Creative, aesthetic development

The assessment tools used are as follows

- Teacher observation
- Teacher designed tasks
- Trials for school teams
- Participating in competitions

This informs future planning and forms part of class, and whole school planning.

Multi-class teaching

Opportunities are provided for individual, groups/ and paired work so that every child can fully participate in PE lessons.

Children with different needs

Children with different needs fully participate in all PE classes. In our school common lesson content is used with all pupils, but different groups would be set tasks suitable to their own abilities.

Equality of Participation and Access

Equal opportunities are provided to all boys and girls to participate in and access P.E lessons. L/S teacher is available to assist children who are experiencing any form of difficulty, including children whose first language is not English.

Linkage and Integration

Integration

Integration of the P.E. curriculum will occur with the following subjects; English, Gaeilge, Maths, Music, Visual Arts, SESE, Drama.

Language

When time permits the school offers opportunities for pupils to discuss and talk about their own and others performance in PE. We aim to enable children to develop a vocabulary for discussing PE activities.

Organisational Planning

Timetable

All classes – 1 hour per week

Teachers will share class timetables to ensure facilities are available. We allowed P.E. time for aquatics in 2007-2008.

Code of Ethics

Coaches/ teachers are used at specific times to support the class teacher in the implementation of some of the PE curricular strands in our school. We as a staff will be devising a Code of Ethics in 2007-2008 with regard to coaching by outside personnel. Teachers will actively support coaches.

After School Activities

This school does not provide after school activities relating to PE.

PE Equipment and ICT

An updated inventory of all PE equipment was completed in June 2007. Each teacher will have a copy of inventory and all equipment will be available to all teachers.

ICT

ICT is not used in implementation of PE plan in our school.

Health & Safety

All teachers will include a warm-up and cool down period during PE lessons. We will adhere to our Health and Safety policy during PE lessons. Teachers are aware of any child's medical conditions through information provided on enrolment forms. We rely on parents informing the school on any condition a child should develop during his/ her school life.

Individual Teacher's Planning and Reporting

All teachers will refer to the PE plan when devising individual long and short-term plans.

The Cuntas Miosuil will serve in reviewing and developing both the whole school plan and individual preparation for the following years.

Staff Development

All teachers are encouraged to attend any appropriate P.E. courses available and to share any expertise acquired. We avail of external expertise, for example coaches, to inform and upskill the teachers.

Parental involvement

Parents are encouraged to support their children while engaged in school sports or activities.

Community links

The local GAA club support the coaching scheme in the school.

Success criteria

It would be evident in teacher's classroom plans and Cuntas Miosuil that this plan has been implemented. The following indicators will show that this plan has achieved its aims

- Teacher /parent feedback
- Children's feedback
- Inspector's reports

This plan has promoted the key considerations when implementing the geography curriculum.

Key considerations

- The importance of enjoyment and play.
- Maximum participation by all children

PE Plan

- The development of skills and understanding
- A balance between competitive and non-competitive activities
- A balance between contact and non-contact activities
- Providing opportunities for achievement for each child
- Providing activities equally suitable for girls and boys

Roles and responsibilities

Mrs. McIntyre will take responsibility for PE equipment

Time frame

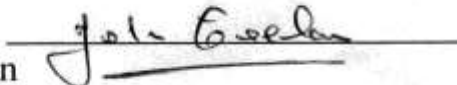
This plan was communicated to all parents in June 2007 and ratified at September B.O.M. meeting

Review

A full review of this plan will take place in 2014.

To ensure that the key considerations of this plan are being implemented an inspection of how this plan is working took place in 2008. Following this a Code of Ethics was devised which is given to all visiting coaches.

This plan was ratified by B.O.M.

Signed : 
Fr Geelan